

# Lessons with Des!

## At IVP Beach House

*Want to learn to overhand serve? Looking to improve your overall game? Are you a coach who is interested in a private coaches clinic? Contact Desma to set up your session today!*

Desma comes to IVP with decades of volleyball experience. Des started her volleyball career playing in California. Upon gaining a scholarship to play at Oregon State, she moved up to Corvallis to be a Beaver at Oregon State. She was a four-year starter for the Beavers where she is among their program leaders in assists.

After graduating with her degree in Photography Desma left the states to pursue her overseas professional career. Desma played two years in Spain, two years in France, and finished her pro career in Germany. She played four years in Germany as a player, and one year in Germany as a player and assistant coach.

While she was in Germany she took over the US Army Ansbach High School program. She coached JV and Varsity for three years. Desma's coaching career took off after she got hired at Princeton University as their assistant coach. In her first two years there she helped the Tigers win Ivy League championships for the first time in 11 years! After her time with Princeton Desma got hired at UAlbany in New York. In her first year she helped the team win their first conference championship in 9 years! During her time coaching college both these teams went to the NCAA tournament every season.

After leaving the college coaching scene Desma got back to her real passion of coaching club volleyball. She coaches with a local club, Coalition VBC, affiliated with the Air Force Academy. Des has run camps, clinics, team camps, tournaments and coaches clinics. If you are looking to improve your game or learn more ideas for or styles of coaching, she is a wealth of knowledge.

If you have any questions feel free to contact IVP or come in and meet with Des in person!

**Players: \$65/hr**

**\$100/hr for a group of two**

**Larger groups priced upon request**

**Coaches: \$80/hr**

**\$120/two hrs**